



parenting CHRISTIAN kids

Sept 2019

JBC Kids

Question Corner

Q: How does the paging system work during the church service? Why don't you just use cell phone numbers?

A: The paging numbers are given to families who have children between 0-5 years. The number is for all the children in the family, so you don't have to remember a different number for each child. If a parent is needed, we put the number up on the reader board in the main sanctuary by the main stage. We **do** also use parents cell phone number to text them if needed as well. Sometimes parents don't see the text, so then the number on screen helps. Sometimes the parents don't see the number on the screen so the text helps. Either way it is a quick method of informing parents to come check on their child!



Ages 0-5th grade
A ministry
of
Jefferson
Baptist
Church

Director's Column

We are kicking-off the new school year of ministries! At JBC we start by having our fall 5 days of prayer for all the ministries. September 9th – 13th we have corporate prayer from 5-10 am & 5-10 pm for ministries that JBC has to offer. Then September 14th & 15th we start with the new fall classes during the church services and the Discipleship classes for kids-youth-adults. Mid-week there is AWANA Club on Wednesday nights for 4 yrs thru 6th grade. The 2nd & 4th Monday there is Rising generation for 4th & 5th grade. The 6th—8th youth group meets Tuesday @ 6pm, and the 9th –12th grade youth group meets Sunday evenings at 6. There are lots of choices- find a ministry and get you & your child involved.

Have questions? Contact Janet Lee, Patty Duke or Kathy Williams at kids@jbc.church

FREE MOVIE NIGHT

BASED ON THE IMPOSSIBLE TRUE STORY

FROM THE PRODUCER OF MIRACLES FROM HEAVEN

BREAKTHROUGH

CHRISSY
METZ

JOSH
LUCAS

TOPHER
GRACE

MIKE
COLTER

MARCEL
RUIZ

AND
DENNIS
HAYSBERT

CHILDCARE IS NOT
PROVIDED FOR
THIS EVENT!

SEPT 20— 6:30PM AT JEFFERSON BAPTIST
IN THE SANCTUARY ON THE BIG SCREEN!

Contact: Lou Ellen Pearson 503-559-3218 louepearson@gmail.com

It's Time to Get Growing!

POWERSOURCE

ASK JESUS:

1. To guide your children toward growth in all areas this year.
2. To help you model a growth mindset, especially regarding faith in Jesus.
3. To teach you to depend on God during the upcoming school year.

With a new school year on the horizon, attention turns to goals for learning and growing. To encourage academic improvement, many schools now emphasize what psychologist Carol Dweck calls the “growth mindset”—a belief that anyone can learn and grow with effort. Potential is unlocked when children believe they can learn from challenges and by working hard.

By contrast, a “fixed mindset” is a belief that one’s basic abilities and talents are predetermined. These kids (and adults) aren’t interested in learning how to improve because they don’t believe they can.

Dweck’s approach is relevant beyond the classroom; in fact, it applies to faith growth, to some degree. People with a

fixed mindset believe they’re bad and can’t change, that imperfections are shameful, and that if they face challenges, something must be wrong with their faith.

Those with a growth mindset, however, realize it’s okay to share their sins and struggles with others. They know that Jesus loves and forgives them no matter what, and they believe they can grow closer to Jesus by trusting him during life’s inevitable challenges.

One thing we *do* want to be fixed in kids’ minds is their innate, God-given value. God made us in his image and wants to be in relationship with us despite our shortcomings. Because we don’t have to prove our worth to God, we can focus instead on growing closer to him.

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parenting
CHRISTIAN kids

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Real. Bold Love.

Kids & Youth Ministry

Sept 6th @ 6:00 -8:00 pm Rising Generation PARTY (4th & 5th grade)
with pizza, games, crafts & movie. Also prizes for those caught up on the Bible Reading plan.

Sept. 8th @ 6:00-8:00 pm Sr. High School (9th – 12th grade) Youth group
Repeats every week from here

Sept. 9th @ 6:00 -8:00 pm Rising Generation Group night (4th & 5th grade)
with worship, lesson , games & snacks.

Sept 9th – 13th @ 5-10 am / 5 – 10 pm
5 days of prayer for JBC Ministries (including kids & youth)

Sept. 10th @ 6:00-8:00 pm Jr. High School (6th - 8th grade) Youth group
Repeats every week from here

Sept 11th @ 6:30 – 8:00 pm AWANA 1st club meeting (4 years - 5th grade)
Repeats every week from here

Sept 14th @ 7:00 pm Saturday Fall KidZone classes begin (birth – 5th grade)
Repeats every week from here

Sept 15th @ 9:00/11:30 am Sunday Fall KidZone classes begin (birth – 5th gr)
Repeats every week from here

Sept 15th @ 10:15 am Sunday Fall Discipleship classes begin (birth – 12th gr)
Repeats every week from here

Sept 19th @ 5:30- 8:00 pm Royal Family Night Out – A ministry for kids who do not live with their biological parents. (i.e. Foster care, adopted, or living with relatives.)

Sept. 23rd @ 6:00 -8:00 pm Rising Generation Group night (4th & 5th grade)
with worship, lesson , games & snacks.



TEACHABLE MOMENTS

Breakthrough!

You'll need see-through glass or plastic containers filled with water, foaming shaving cream, and blue and yellow food coloring. Say: **Sometimes life seems cloudy.** Have family members each squirt a layer of shaving cream over the water.

Ask: **When have you felt stuck or been discouraged?**

As people share, have them add a few drops of food coloring over the "clouds." Say: **When we face tough things, God is with us and encourages us.**

Read aloud Isaiah 41:10 and Joshua 1:9. Watch as the food coloring breaks through the shaving cream, creating streaks of color in the water.

Ask: **How is this experiment like life? How can challenges result in something good or positive?**

Read aloud Romans 8:28. Ask: **What are ways you can trust God during both good and tough times?** Pray, thanking God for always loving and helping us.

Positive Ways to Grow

Instilling a faith-growth mindset can be as simple as altering the praise and feedback you give your children. Follow these guidelines:

- Let kids know God already loves them—no matter what.
- Say the goal is to be best friends with God, not to appear good.
- Praise kids for the effort they put into resisting a temptation.
- Praise kids for getting to know God, not just knowing *about* him.
- Encourage kids to ask Jesus for help when they're struggling.
- Encourage kids to share their failures with trusted friends and adults.

Pressing On Gather origami paper, Glue Dots, and scissors. Download craft instructions from childrensministry.com/origami-star and make a sample ahead of time. Show family members the star and have them make their own. Offer encouragement and help, as needed. Read Philippians 3:12-15 and say: "Paul loved Jesus but still messed up. He pressed on, just as you did with this craft." Ask: "How can these verses help you press on, even when you mess up?"

Take Aim! For this outdoor game, divide a rectangular area in half. Play "volleyball" with an inflated balloon and squirt guns. Players can use unlimited squirts to move the "ball." Afterward, ask: "What was this game's goal? How did we work to reach it? What are some goals you have? Who helps you reach them?" Read Psalm 16:7-8. Say: "God instructs you and goes before you as you aim for goals!"

Growth Takes Time Fill clean baby food jars halfway with heavy cream. (You can add a marble, but use caution.) Secure the lids. Ask: "Does this look like butter? Do you think you can *make* it into butter?" Say: "Shake a jar while we talk." Read Matthew 17:14-20. Ask: "How much faith does it take to do the impossible? What tough thing do you need God's help with?"

Shake jars a few more minutes, until butter forms. Enjoy some on bread. Then discuss how it can take time to see God's miracles—and how we shouldn't give up!

Forward in Faith Clear obstacles from a room that can be darkened. Have one person stand as a lighthouse who whispers "Trust in the Lord" repeatedly. Lead everyone else into the room—with eyes closed. Say: "You have one minute to reach the lighthouse. When you do, open your eyes, lock arms, and join in the whispering." Play several rounds. Then ask: "How did it feel to find the lighthouse? How did it feel when time ran out?" Read aloud Proverbs 3:5-6. Say: "Let's trust God as we walk and grow in faith."

Ch-Ch-Changes Stand in a circle with hands behind backs. Have "It" stand in the center with eyes closed as you place a Bible in someone's hands. Have It open his or her eyes as people pass the Bible behind their backs. Whoever holds the Bible must briefly change his or her facial expression. It guesses who has the Bible, and if correct, that person becomes the new It. Read aloud Mark 4:3-20. Discuss how the Bible changes us and makes us more like Jesus.

"We are surrounded by a great cloud of people whose lives tell us what faith means. So let us run the race that is before us and never give up."
—Hebrews 12:1, NCV

MEDIA MADNESS



MOVIE

Title: *Overcomer*

Genre: Faith-based drama

Rating: PG (some thematic elements)

Cast: Alex Kendrick, Priscilla C. Shirer, Aryn Wright-Thompson

Synopsis: A plant closure in town leads to changes for many people, including a high school coach who must switch sports. When the only runner who shows up for his cross-country team is a girl with asthma, they're both challenged to discover their new and true identities.

Our Take: This life-affirming film encourages viewers to "go the extra mile" for one another and to give Jesus first place in their hearts. It emphasizes that one's identity in Jesus matters most and that people who follow Jesus are to live out their faith daily.



TV

Title: *Molly of Denali*

Network: PBS Kids

Synopsis: The star of this new animated series is a 10-year-old Native Alaskan girl, voiced by a young indigenous actress. Molly's adventures help her learn about the 49th state's people and history. She uses the Internet and in-person interviews to discover what life was like for her ancestors. She also makes connections between their interests and her own.

Our Take: While exposing children to cultural diversity, this show encourages them to be curious about their own heritage. The episodes can serve as springboards for age-appropriate discussions (and research) about your family's history, stories, and traditions.

Games, Sites & Apps

Cadence of Hyrule

In this rhythm-based "Zelda" spinoff for the Nintendo Switch, players must step (and fight) to the beat to progress through puzzle dungeons. The goal is to collect foes that look like musical instruments in order to defeat the enemy Octavo. Combat is cartoonish in this E-rated game.

Chompers

Kids will look forward to brushing their teeth thanks to this twice-daily podcast. Each episode features two minutes of jokes, stories, fun facts, and silly songs. Weekly themes range from dinosaurs and robots to cooking and interviews. Chompers, geared toward ages 3 to 7, also is available on Alexa.

Superbook Kids Bible

This free Bible app for young readers brings God's Word to life with the addition of videos, images, and interactive games. It also includes 26 episodes of the *Superbook* series, as well as "Superstreaks" that encourage readers to regularly engage with the biblical text.



CULTURE & TRENDS

Earlier Puberty: It's Not Just for Girls According to a new study, more boys are now reaching puberty earlier—and one factor may be higher BMI (body mass index). Though the study has limitations, it points to another possible effect of America's obesity epidemic. (*JAMA Pediatrics*)

Catching the Vision To help kids set and focus on goals, some teachers and parents now use back-to-school vision boards. Assembling a collage of photos to represent reachable goals can be an effective way to develop grit—especially for visual learners. (*various sources*)

QUICK STATS

Every Day We're Hustlin' Almost half (48%) of parents of kids under 18 have a side job, working an extra 13 hours per week. And 27% of those with a side hustle say they're more passionate about it than they are about their regular job. (*bankrate.com*)

Stuffed! Although only 3% of the world's children live in the United States, they own about 40% of the toys purchased globally. Perhaps that's why one in 10 Americans rents off-site storage—at the average cost of \$400 yearly. (*uctv.tv; nytimes.com*)

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This page is designed to help educate parents and isn't meant to endorse any movie, music, or product. Our goal is to help you make informed decisions about what your children watch, read, listen to, and play.



September

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--|--|---|---|-------------------------------------|--|---|
| 1 9am KidZone Summer 0-10 years | 2 <i>Labor Day</i> | 3 <i>Back to School!</i> 6-8pm 6th-8th Grade Jr High Youth Group | 4 6am Prayer-walk @ District Office AWANA Registration 1pm-8pm | 5 | 6 6-8pm 4th-5th Grade Bible Reading Party | 7 KidZone Summer 7pm 0-5 YEARS |
| 8 9am KidZone Summer 0-10 years 10:30a Children's Ministry Kickoff Brunch 6-8pm 9th-12th Grade High School Youth Group <u>Weekly</u> | 9 6-8pm 4th/5th Grade Rising Gen Group | 10 6-8pm 6th-8th Grade Jr High Youth Group | 11 6:30pm AWANA 4yrs-6th Grade | 12 | 13 7pm Communion in Chapel (ends prayer event) | 14 *FALL CLASSES START* KidZone 7pm 0-5thGrade |
| 5 Days of Prayer 5am-10am / 5pm-10pm Daily* (*ends w communion 7pm Fri) | | | | | | |
| 15 *FALL CLASSES START* 9am KidZone 0-5th 10:15am Discipleship 0-12th 11:30 KidZone 0-5th 12:45pm Soup & Bread in DC202 | 16 | 17 6-8pm 6th-8th Grade Jr High Youth Group | 18 6am Prayer-walk @ Ele. School 6:30pm AWANA 4yrs-6th Grade | 19 5:30pm Royal Family Night Out | 20 6:30pm Movie Night 'Breakthrough' | 21 KidZone 7pm 0-5thGrade |
| 22 9am KidZone 0-5th 10:15am Discipleship 0-12th 11:30 KidZone 0-5th | 23 6-8pm 4th/5th Grade Rising Gen Group | 24 6-8pm 6th-8th Grade Jr High Youth Group | 25 6:30pm AWANA 4yrs-6th Grade | 26 | 27 | 28 KidZone 7pm 0-5thGrade |
| 29 9am KidZone 0-5th 10:15am Discipleship 0-12th 11:30 KidZone 0-5th | 30 | 1 6-8pm 6th-8th Grade Jr High Youth Group | 2 6:30pm AWANA 4yrs-6th Grade 8pm Kids Prayer | 3 | 4 | 5 KidZone 7pm 0-5thGrade |