

BASIC KEYS TO EFFECTIVE GOAL SETTING



1. Goal setting is
working at
discovering what
God's will is for our
life.



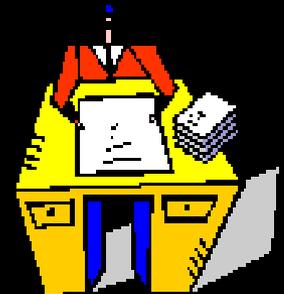
Jeremiah 29:11

“For I know the plans that I have for you,” declares the Lord, “plans for welfare and not for calamity to give you a future and a hope.”

2. A goal is not a goal unless it is written down. Goal setting is goal writing.



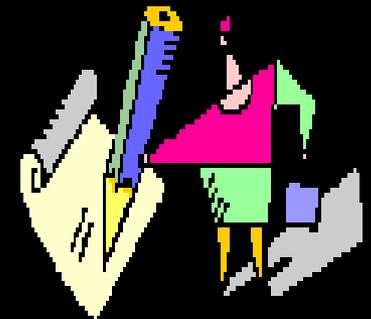
**3. God writes
down His goals.**



Psalm 139:16

**Your eyes have seen my
unformed substance;
and in Your book they
were all written, the days
that were ordained for
me, when as yet there
was not one of them.**

4. A written down
goal demonstrates
commitment.



**5. A written down
goal can be
reviewed often.**



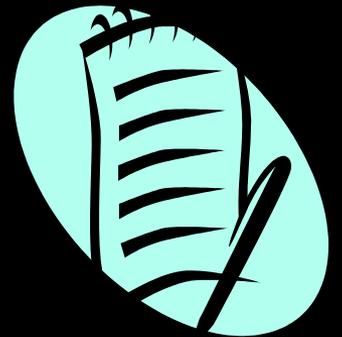
6. A goal that is reviewed several times each week is 10,000 times more likely to be accomplished.



**7. A written down
goal can be shared
with a friend to hold
us accountable.**



8. Goals that we are lovingly but firmly held accountable to will move us to great accomplishments.



**9. The dreaming,
thinking, pondering
process combined
with writing is a key to
discovering God's will
for our lives.**



1 Chronicles 28:11-12

**Then David gave to his
son Solomon the plan
of the porch of the
temple, its buildings,
its storehouses,**

**Its upper rooms, its
inner rooms, and the
room for the mercy
seat;**

**And the plan of all that he
had in mind, for the courts
of the house of the Lord,
and for all the surrounding
rooms, for the storehouses
of God, and for the
storehouses of the
dedicated things.**

1 Chronicles 28:19

**“All this,” said David,
“the Lord made me
understand in writing
by His hand upon me,
all the details of this
pattern.”**

Nehemiah 2:11-18

**So I came to Jerusalem
and was there three
days. And I arose in
the night, I and a few
men with me.**

**I did not tell anyone what
my God was putting into
my mind to do for
Jerusalem and there was
no animal with me except
the animal on which I was
riding.**

So I went out at night by the Valley Gate in the direction of the Dragon's Well and on to the Refuse Gate, inspecting the walls of Jerusalem which were broken down and its gates which were consumed by fire.

**Then I passed on to
the Fountain Gate and
the King's Pool, but
there was no place for
my mount to pass.**

**So I went up at night by
the ravine and
inspected the wall.
Then I entered the
Valley Gate again and
returned.**

And the officials did not know where I had gone or what I had done; nor had I as yet told the Jews, the priests, the nobles, the officials, or the rest who did the work.

**Then I said to them,
“You see the bad
situation we are in,
that Jerusalem is
desolate and its gates
burned by fire.**

**“Come, let us rebuild
the wall of Jerusalem
that we may no longer
be a reproach.”**

**And I told them how the
hand of my God had
been favorable to me,
and also about the
king's words which he
had spoken to me.**

**Then they said, “Let us
arise and build.” So
they put their hands
to the good work.**

10. Past goals can be reviewed if we have written them down, and used them to help us evaluate where we are in our growth, character, strength, determination, and abilities so we can accurately write present goals.



11. Present goals that are made on the basis of wisdom gained from previous attempts and experience are a good fit, and results in confidence, motivation and success.



**12. A good goal
is always
measurable.**



13. The more measurable a goal is the more motivational it will be.



**14. A good goal
is achievable.**



**15. Unrealistic goals
discourage us and
tend to make us goal
shy.**



16. A good goal is challenging. It is a **B-HAG. Big, Hairy, Audacious, Goal.**



**17. A challenging
goal moves us out
of our comfort zone
to great growth and
accomplishment.**



**18. A key purpose of
goals is to apply
pressure to ourselves.
We function best under
pressure.**



19. A good goal is flexible. It is not rewriting the Ten Commandments.



**20. A good goal is
the expression of
the desires of our
heart.**



**21. The package of
goals that we write
for ourselves should
have balance.**



**22. The presence of
well written, reviewed
goals is a key to
establishing
boundaries in our life.**



23. Well defined
boundaries help us
say “No” when we
should.



24. Our goals are the
key to maintaining
right priorities in our
life and staying
focused.



**25. Getting counsel
from others who
know us well is an
important part of the
process of goal
writing.**



26. Those who have become skilled in the goal process will be very effective at counseling others and helping them make commitments.



**27. Those who have
learned how to use
goals in their life to
grow will be very
effective at disciplining
others.**



**28. Our goals are the
weights that we use
to develop
endurance,
faithfulness and
self control.**



**29. Our goals create a
strong sense of
progress that keeps us
positive and
motivated.**



30. In the book of Proverbs, wisdom is the main thing. Nothing captures the use of wisdom like the process of writing good goals for ourselves does.

