

Character #16
Self-Control – Pt. 4

1. As Christians we have _____ natures. The _____ self and the _____ self, our _____ and our spirit, _____ dude and _____ dude.
2. Our _____ natures _____ for _____ of our life all the time. Whoever _____ determines how we _____.
Galatians 5:16-17; 1 Corinthians 3:1-3.
3. Self-control is the character trait that keeps our _____ from _____ our life, and instead allows our _____ to _____. **1 Corinthians 9:24-27.**
4. We need to faithfully choose to _____ our spirit rather than our flesh. A _____ spirit will _____ a _____ flesh every time. **Romans 8:5.**
5. The basic disciplines of the Christian life of _____, prayer, confession of sin, being part of a _____, etc. are what _____ our spirit and make it _____.
6. Self-control is like a _____ that is _____ or weak. We _____ to make them _____ and we need to learn how to _____ our self-control so we are _____ on the inside.
7. _____ from _____ on a regular basis, _____ Bible verses, and _____ sacrificially are good weights that develop a strong self-control muscle.

8. Controlling our _____ is the ultimate _____ of self-control.
James 3:2-6.
9. We ought to develop the discipline and habit of _____ our
life every day for sin and _____ that sin to God. A key area
of self-_____ ought to be how we have _____
to others. **1 Corinthians 11:28-32.**
10. Probably one of the most important things to work hard at controlling
concerning our _____ to others is eliminating all _____
and _____. **Leviticus 19:16; Proverbs 11:13, 26:20-22; Titus 3:2;
Ephesians 4:31; Psalm 101:5, 140:11; Proverbs 10:18, 17:9, 20:19; Mark 7:22-23;
Romans 1:29-32; Colossians 3:8-10.**
11. Another key area to conquer in our life is _____ anything to
_____ in _____.
Proverbs 16:32, 25:28, 14:29, 17; 15:18, 29:22; Ecclesiastes 7:9.
12. When we grow to the point that we are always a “_____” -
_____ we will be very _____ in self-control.
Ephesians 4:29; Colossians 4:6; Proverbs 15:28, 16:23.
13. The early Church Fathers made the _____ of “_____”
a very important part of their Christian _____.
Proverbs 10:19; Ecclesiastes 10:14; Proverbs 17:28; James 1:19-20.
14. Becoming a person who is being _____ by God to do
_____ things is the _____ life, and is only possible
when we learn how to control what comes _____ of our _____.
Psalm 15:1-3.