

Character #15
Self Control – Part 3

1. As Christians we have _____ natures. The _____ self and the _____ self; our _____ and our spirit; _____ dude and _____ dude.
2. Our _____ natures _____ for _____ of our life all the time. Whoever _____ determines how we _____. **Galatians 5:16-17.**
3. We can _____ the _____ God has given us with _____ or we can get _____ and give up.
4. We can face _____ situations with _____ or we can live life in _____.
5. We can be _____ with those around us or we can be _____ and _____.
6. We can live our life with _____ towards others and God or we can be _____ and _____.
7. We can be _____ in spite of _____ or we can be full of _____.
8. Self control is the character trait that keeps our _____ from _____ our life, and instead allows our _____ to _____. **1 Corinthians 9:24-27; Titus 1:7-9.**
9. Self control is turning our desires to _____ into desires to _____. **2 Corinthians 5:14-15.**

10. We need to faithfully choose to _____ our spirit rather than our flesh.

A _____ spirit will _____ a _____ flesh every time.
Romans 8:5.

11. Self control is like a _____ that is _____ or weak.

We _____ _____ to make them _____ and
we need to learn how to _____ our self control so that we grow
_____ on the inside.

12. “ _____ ” and “ _____ ” are two key words in our
_____ of _____ self control.

13. _____ from _____ on a regular basis is a great way to
_____ our self control. **Matthew 4:1-2, 6:16-18; Luke 5:33-35.**

14. _____ _____ on a regular basis will powerfully
_____ our self control. **1 Peter 4:7.**

15. Systematically _____ Bible _____ will tremendously
increase the _____ of your self control _____. **Psalms 119:11.**

16. _____ and _____ target bad _____
and conquer them.

17. A key tool to learn how to use in being _____ and
_____ is _____.

18. Next _____ we will learn about the _____ self control
_____.