

Character #14

Self-Control

1. As Christians we have _____ natures. The _____ self and the _____ self. Our _____ and our spirit. “_____ dude and _____ dude.” **Colossians 3:10; Romans 6:6.**
2. Our _____ can do no _____ and our _____ can do no _____. **Romans 7:18; Genesis 6:5; Romans 8:8; 1 John 3:9.**
3. Our _____ natures _____ for _____ of our life all the time. Whoever _____ determines how we _____. **Galatians 5:16-17; Romans 7:14-23; Galatians 5:19-21, 22-23; 1 Cor. 3:1-3.**
4. There are several keys to our spirit _____ the _____ rather than our _____.
5. We need to faithfully choose to _____ our spirit rather than our flesh. A _____ spirit will _____ a _____ flesh every time. **Matthew 4:4; 1 Peter 2:2.**
 - a. Daily _____ . b. Devoted to _____.
 - c. _____ together with other _____.
 - d. _____ God. e. _____ your _____ daily.

6. Big Problem: your flesh _____ the basic spiritual _____,
and will _____ incredibly hard to _____ you from them.

7. The key to being faithful to the basic spiritual _____ are
_____ that strengthen _____.
1 Corinthians 9:24-27.

8. Our _____ are the expression of our _____ of what we
believe God wants us to do to _____ in our inner person to be
like Jesus.

9. What needs to happen is that we _____ our _____ on our
_____ until the _____ to do them overpowers our
flesh's _____ to doing them. **Romans 8:5; Colossians 3:2.**

10. _____ your _____ down and _____ them every
time you read your Bible.

11. _____ your _____ down and have some _____
hold you _____ to doing them. **Hebrews 3:13, 10:24.**

12. Your _____ are not a simple wish _____ or to do _____,
they are a major part of your strategy to winning the _____ against
your _____ and being a spiritual person.