

Training Hard, Running Well, and Finishing Strong

1. The goal of the Christian life is to _____, to become _____
Christ in _____.
Hebrews 6:1; Matthew 5:48; 2 Corinthians 7:1; Philippians 3:12-14.
2. _____ is not a default setting in our heart, we must choose,
push, and work hard to _____ or we will _____ and
go backwards. **Matthew 7:13-14.**
3. God gives us living illustrations to help us to fully understand spiritual
truths, and one of the best illustrations of _____ in
_____ is getting better as an athlete, especially a
_____. **Hebrews 12:1-3; 2 Timothy 4:7.**
4. _____ consistently requires a _____ to a
systematic _____ program. **2 Timothy 2:5; 1 Corinthians 9:24-27.**
5. God has built into us a _____ system to _____ us
to **grow**, but most don't recognize it. **1 Corinthians 9:24-25.**
6. When we are _____ we feel like _____, we feel
good about _____, we have a sense of _____,
and we sense the Lord's joy in us. **Matthew 25:14-21.**

7. When we are not _____ we will feel like a loser, _____, unmotivated, sour, and we don't particularly like _____.
Matthew 25:24-30.
8. _____ as an _____ happens only when we are a functioning part of a _____.
Hebrews 10:24-25, 12:3-5, 10-11; Colossians 4:12; Ephesians 4:16.
9. One of the key ingredients in God's training program is the _____ and _____ of His Word. **Colossians 1:28-29; 1 Corinthians 1:21-25; Ephesians 3:8; 1 Thessalonians 5:12-13; Matthew 28:20; Mark 6:34; 1 Timothy 4:13-16; 2 Timothy 4:1-3.**
10. Jesus is the ultimate _____, and He keeps the _____.
_____. **James 1:2-4; 1 Peter 5:10; Romans 8:28.**
11. _____ athletes are slow, out of shape, _____, and _____.
_____. **Matthew 25:26; Joshua 23:11; Proverbs 12:24.**
12. It only takes a very short time of " _____ " to lose a _____ time of dedicated _____. **Philippians 2:16.**
13. Focus on the _____ line to stay motivated to _____ well. **Hebrews 10:32-39, 11:24-27.**
14. What and who we are when we _____ the _____ line is what and who we are _____. **1 Corinthians 15:41-42.**