

Guilt

What does the Bible say about Guilt?

1. Two kinds of guilt: guilt that _____ (_____ sorrow) and guilt that _____ (_____ sorrow).

2 Corinthians 7:10-11 (NIV)

¹⁰ Godly sorrow brings repentance that leads to salvation and leaves no regret, but worldly sorrow brings death.

¹¹ See what this godly sorrow has produced in you: what earnestness, what eagerness to clear yourselves, what indignation, what alarm, what longing, what concern, what readiness to see justice done. At every point you have proved yourselves to be innocent in this matter.

2. The guilt that _____:
 - a. Guilt gives you an earnestness to _____ sin.
 - b. Guilt gives eagerness to _____ yourself.
 - c. Guilt gives you _____ of sin.
 - d. Guilt gives you an _____ of the destruction of sin.
 - e. Guilt gives you a _____ to be _____ from sin.
 - f. Guilt gives you the _____ to make it _____.
3. The guilt that _____:
 - a. Guilt that kills, keeps you in bondage to _____.

~ Shame is when guilt moves from knowing you have done something bad to feeling that you are bad.

~ Shame focuses not on what you've done but on being ashamed of who you are.

Revelation 12:10 (NIV)

For the accuser of our brothers, who accuses them before our God day and night, has been hurled down.

b. Guilt that kills, keeps you in the _____ of _____.

~ Refusing to be known.

~ Crushed under criticism.

~ A painful heart.

Genesis 3:10 (NIV)

¹⁰ He answered, "I heard you in the garden, and I was afraid because I was naked; so I hid."

c. Guilt that kills, keeps you in the bondage of _____.

~ Taking control by rebellion.

~ Taking control by attacking.

~ Taking control by shifting blame.

4. The only way you can be _____ free is to be _____ again.

Genesis 3:10 (NIV)

¹⁰ He answered, "I heard you in the garden, and I was afraid because I was naked; so I hid."

Isaiah 53:4 (ESV)

⁴ Surely he has borne our griefs and carried our sorrows;

Psalms 32:5 (NASB)

⁵ I acknowledged my sin to You, And my iniquity I did not hide; I said, "I will confess my transgressions to the LORD"; And You forgave the guilt of my sin.

5. God wants us to be _____ and _____ so the world around us knows that _____.