

Healthy, Happy Souls

1. The ultimate _____ of every person is to be _____.
2. Historically, Christianity has generally taught that to make choices _____ by a _____ for personal _____ is selfish and wrong.
3. The longing to be _____ is a universal human experience, and it is _____, not _____, put in us by God.
4. We should never try to _____ our desire for _____, but instead we should work at _____ it and nourish it.
5. The _____ the desire for _____ the more _____ we will be.
6. Am I _____? How _____ am I? How do I measure that? What is _____? What would it take to make me _____?
7. Our _____ to that last _____ is what shapes our personal _____.
8. Every _____ and _____ that I make is based on my pursuit of _____.
9. The problem is not in the pursuit of personal _____, but in what I _____ will make me _____.
10. If we don't get the _____ right to the question, "What will really make us _____?" we will _____ up our lives.
11. The deepest and most satisfying and most enduring _____ is experienced in our _____ with _____.
Psalm 16:11, 4:7, 45:7, 37:4, 36:8; Isaiah 58:11; Psalm 21:6; Jude 24; Psalm 73
12. When you are _____ a _____ you can " _____ " when it isn't running well, and you get it _____ up.

13. The greatest tool we have for fine- _____ our life is the strength of our _____
of happiness, joy, and gladness in our _____.

14. Ask yourself two questions: "How _____ am I really?", and "What would it _____
for me to be _____?"

15. When you answer yourself, the right answer is always, " _____ of _____."

16. We _____ to _____ more of God by actively _____ Him.
Psalm 27:8, 42:1-2, 105:4, 63:1; 2 Chronicles 15:2; Jeremiah 29:13; James 4:8.

17. We _____ God purposely, systematically, with _____ and by His
_____.

a. Throughout the day _____ to God, " _____ only are my _____."
Psalm 16:2.

b. _____ the _____ every _____.
Jeremiah 15:16; Psalm 19:8, 119:24, 143; John 15:11.

c. _____ all known _____ to God every day. **Psalm 32:3-5, 38:3-8; 51:7-12.**

d. _____ anybody of _____ and everybody of _____
no matter how _____. **Matthew 6:14-15; Hebrews 12:15.**

e. _____ with your _____ regularly and
often. **Hebrews 10:25; 2 Chronicles 30:25:26; Psalm 122:1.**

f. _____ God with _____ and enthusiasm.
Psalm 5:11, 9:2, 32:11, 40:9, 16, 86:4.