

Rejoice Always

1. We _____ when _____ things happen to us.
2. When we experience a " _____ " event we really _____ it to happen again.
3. The law of "diminishing returns" says that if we have an exact duplicate " _____ " event, we will _____ less _____, and then less _____, until there is no _____.
4. The average Christian _____ when they _____ and _____ grumpy and irritable and even angry if they don't _____.
5. Being a _____ of _____ is a _____ way to live.
6. When we "rejoice always," in _____ to God's command and as an _____ discipline, we will feel joy.
7. We can let circumstances _____ our emotional state or we can _____ our emotions by our _____.
8. Why do most people _____ to let _____ control their _____ state?
9. Because they don't think that that they can _____. They think that what happens is what happens, and if it is a " _____ event" I will be _____, but if it is a bad event I will be sad.
10. We can grow and change and acquire the discipline of "rejoicing always," and then we will be _____ of _____ in _____ of circumstances; we will have a _____.

"Where the soul is full of peace and joy, outward surroundings and circumstances are of comparatively little account." **Hannah Whitehall Smith**

11. "Rejoicing always" is not necessarily _____. There are seven ingredients in becoming a _____ person in character.
12. The first ingredient is _____ God that He is in _____ of our life, and that He always knows what is best for us. Just say, "Lord, I trust You," whenever you start feeling uptight.
13. The second ingredient is telling God " _____ you" and worshiping and praising Him often for loving us and _____ us like Jesus in _____.
Psalm 33:1-3, 47:1, 81:1-4, 95:1-2.
14. The third ingredient is to be careful _____ to _____ or _____ about any trials or difficulties in life.
15. The fourth ingredient is to _____ God for His _____ so that we can manage the trials without grumbling or complaining, and to make _____ a daily discipline in our life. **Isaiah 56:7.**
16. I personally don't pray and ask God to _____ situations and circumstances, I ask Him for _____ to manage it, and for wisdom to _____ it myself if possible.
2 Corinthians 12:7-10.
17. A fifth ingredient to acquiring the character trait of joyfulness is to _____ about _____ every day, _____ that who and what we are in character when we step into glory, is who and what we are, and want to be like Jesus when we get there so we can enjoy Him and He can enjoy us. **Luke 10:20; Psalms 30:3-5; Isaiah 35:10; Colossians 3:2.**
18. A sixth ingredient to acquiring the character trait of joyfulness is to _____ and to _____ all known _____ to God.
Psalm 45:7; John 15:10-11; Psalm 51:8-9, 51:12; 1 John 1:4-9.

19. The seventh ingredient in acquiring the character trait of joyfulness is to _____
the _____ every _____. **Psalm 119:111; Jeremiah 15:16.**
20. As we choose to faithfully practice these seven ingredients of “rejoicing always” in
_____ to God He will _____ us by putting His _____ in our heart.
Psalm 16:11, 21:6; Jeremiah 31:13; Romans 15:13; Psalm 4:7, 30:11, 86:4.
21. As we choose to “rejoice always” in spite of circumstances we will have _____ in
our heart put there by God, and as a result we will be _____ people able to
manage _____, pressures, and responsibilities. **Nehemiah 8:10.**
22. A person who has acquired the discipline and habit of “rejoicing always” will be much
more _____ than “_____”. **Proverbs 17:22.**
23. A person who faithfully disciplines themselves to not _____ and instead
_____ in the midst of tough times will be very _____ to others.
Proverbs 15:13.
24. Christians who are joyful during dark days will be a great _____ for
God. Joy is _____ to the world that God can fully _____ the human
heart. **Philippians 2:14-15; 1 Peter 3:15.**
25. When we get this “rejoice always” *thing* figured out we will be capable of
experiencing great pain, trials, and _____ without _____ our
_____. **Romans 9:2-3; 2 Corinthians 6:10; Philippians 2:17.**