

Self-Esteem Pt. 4

1. We all are created by God in His image with great glory. **Psalm 8:3-5.**
2. We all lost our glory when we sinned. **Romans 3:23.**
3. We all now have a very, very strong, legitimate need for glory.
4. We often attempt to meet our strong glory craving in wrong ways which causes many problems in our life.
5. The first wrong way to seek for glory is to seek it from people; to be a people pleaser. **Ephesians 6:6-7.**
6. The second wrong way to seek for glory is to mentally always be comparing ourselves to others in an attempt to feel good about ourselves because we are better than someone else in our mind. **2 Corinthians 10:12.**
7. The third wrong way to seek for glory is to tear others down with gossip and slander as we attempt to be better than them by ruining their reputation.
8. The fourth wrong way to seek for glory is to ignore our sin, justify or excuse our sin, or blame others for our failures and sin in an attempt to fix that which causes our shame.
9. There are five good ways to restore and heal our souls so we are healthy and strong on the inside feeling really good about who we are. **Deuteronomy 4:9; 3 John 2.**
10. The first way to have a happy, healthy soul is to discipline ourselves to examine our life every day for sin and confess all known sin to God. **Psalm 32:1-5.**
11. The second way is to acknowledge that only God gives glory, and to train ourselves to cry out to God whenever we are feeling like dirt is to replace our sense of shame with His glory. **Psalm 3:3-4.**
12. The third way to heal our soul is always to remember the principle that when we honor others God honors us, when we make others feel good, God makes us feel good, and also when we dishonor others, God dishonors us. **Proverbs 3:3-4; Psalm 50:19-21, 101:5**
13. When you come home from work feeling like dirt choose to fix that feeling in your soul by working at making someone else feel like gold.

14. As we study the topic of self-worth we discover that God is the one who _____
us, God _____ us, He fills our heart with a sense of being _____,
and He gives us _____ in the eyes of others. **1 Samuel 2:6-8.**

15. The fourth way to meet our need for glory and honor is to practice the principle of
 “Those who _____, He will _____; and those who
 _____ Him, He will _____.” **1 Samuel 2:30.**
16. A key way for us to _____ God is to _____ Him all _____
 long for all of the _____ in our life.
1 Timothy 1:17; Psalm 34:1, 35:28, 42:5, 71:8, 14.
17. A discipline that helps develop an _____ of _____ is
 _____ *praise* Bible verses and _____ on them.
Psalm 103:1-5.
18. God the creator of the universe, all powerful, all mighty, infinite God _____
 in the _____ of His children whom He loves.
Psalm 149:1, 5:11, 7:17, 9:2, 13:6, 27:6, 47:6-7, 92:1, 108:1.
19. _____ and _____ about the details of our life that
 we don't like greatly _____ God as we publicly declare that God is
 _____. **Philippians 2:14; Numbers 14:27; 1 Corinthians 10:5-11.**
20. _____ and _____ is a culturally taught _____
 that destroys our self-worth, and makes our soul _____.
1 Thessalonians 5:16-18; Exodus 16:7, 8, 9, 12.