

### Self-Esteem Pt. 3

#### Review:

1. We all are created by God in His image with great glory. **Psalm 8:3-5.**
2. We all lost our glory when we sinned. **Romans 3:23.**
3. We all now have a very, very strong, legitimate need for glory.
4. There is a right way to meet our need for glory, and a wrong way.
5. The wrong way to seek for glory is to seek it from people. **Ephesians 6:6-7.**
6. When we seek glory from people many personal and relational problems result.
7. When we seek glory from God our soul will be healthy.  
**Deut. 4:9; Psalm 31:7, 42:6, 44:25, 143:3; Lam. 3:17; Habakkuk 2:4; Psalm 86:4; 3 John 2.**
8. The first discipline to practice in order to have a healthy soul is to examine our life each day for sin and confess all known sin to God. **Psalm 32:3-4.**
9. The second discipline that is super powerful if we can train ourselves to practice it faithfully is to cry out to God whenever we are feeling like dirt to replace our sense of shame with His glory.  
**Psalm 3:3-4, 5:1-2.**

### How to Have a Happy, Healthy Soul

1. All of God's \_\_\_\_\_ is governed by \_\_\_\_\_. There are physical \_\_\_\_\_, relational \_\_\_\_\_, and spiritual \_\_\_\_\_.
2. God's \_\_\_\_\_ are not \_\_\_\_\_. They are designed by Him to create \_\_\_\_\_ and \_\_\_\_\_.
3. Many of God's \_\_\_\_\_ are in the Bible for us to easily learn, and others we \_\_\_\_\_ in life. The collection of God's \_\_\_\_\_ that we understand and practice is our \_\_\_\_\_. **Proverbs 1:20-21.**
4. Almost all of life is \_\_\_\_\_ and \_\_\_\_\_, \_\_\_\_\_ and \_\_\_\_\_ as we follow God's laws or break them. **Gal. 6:7; Prov. 1:31; 2 Cor. 9:6.**
5. An area in life in which this law of \_\_\_\_\_ and \_\_\_\_\_ is especially true is in how we \_\_\_\_\_ other \_\_\_\_\_. **Luke 6:37-38, 31.**

6. Another way of saying this is, “The way we \_\_\_\_\_ is the way \_\_\_\_\_ will treat \_\_\_\_\_.” **Matthew 6:14-15.**
7. As we study the topic of self-worth we discover that God \_\_\_\_\_ us, God \_\_\_\_\_ us, He fills our heart with a sense of being \_\_\_\_\_, and He gives us \_\_\_\_\_ in the \_\_\_\_\_ of others. **1 Samuel 2:6-8.**
8. One of the key principles in life is that when we \_\_\_\_\_ others, God \_\_\_\_\_ us; when we make others \_\_\_\_\_, God makes us \_\_\_\_\_. **Proverbs 3:3-4; Psalm 18:25; Romans 2:10; Exodus 20:12; Leviticus 19:32; Romans 12:10; 1 Timothy 6:1; 1 Peter 2:17; Ephesians 4:29-32; 1 Peter 3:8-9.**
9. Also, when we \_\_\_\_\_ others, God \_\_\_\_\_ us. **Psalm 15:3 & 5, 50:19-21; 101:5.**
10. Very few people connect the dots in their own mind that the \_\_\_\_\_, graciousness, and \_\_\_\_\_ they extend to all the people around them all day long \_\_\_\_\_ their own sense of \_\_\_\_\_ and \_\_\_\_\_. It is a law as sure as gravity.
11. The world and our own flesh thinks that by \_\_\_\_\_ others \_\_\_\_\_ we will feel \_\_\_\_\_ about ourselves, but just the \_\_\_\_\_ is true.
12. When you come home from work \_\_\_\_\_ like \_\_\_\_\_ choose to fix that feeling in your soul by working at making someone else \_\_\_\_\_ like \_\_\_\_\_.