

Fighting Sexual Addiction

1. Three _____ things that will _____ you in sexual addiction.
 - a. _____. **2 Corinthians 7:10.**
 - b. _____. **Romans 8:1-3.**
 - c. _____ the appetite. **Romans 6:11-14.**

2. Three _____ things that will help get you _____ of sexual addiction.
 - a. Be _____ again. **John 3:3-8; 2 Corinthians 5:17.**
 - b. _____. **1 John 1:9.**
 - c. Fill your mind with _____, _____, and the _____.
_____. **John 8:32; Isaiah 30:21.**

3. Three _____ things that will _____ you get _____ of sexual addiction.
 - a. Find an accountability _____ and/or group.
 - b. Use _____ programs.
www.covenanteyes.com www.x3watch.com www.pornaddiction.com
 - c. Fill your _____ with the _____. **Romans 6:11, Proverbs 5:19.**

- **True Guilt** speaks with conviction, reminding you that we are all guilty of sin.
False Accusation: "I feel like a failure and not as worthy as others."
- **True Guilt** is concerned about developing your inner character.
False Accusation: "I worry about how I am looking in the eyes of others."
- **True Guilt** communicates God's love and encouragement.
False Accusation: "I feel humiliated when I do something wrong."
- **True Guilt** does not make excuses for itself.
False Accusation: "I feel I can't be healed... that I'm a victim of my past."
- **True Guilt** allows for failure.
False Accusation: "I feel like I'll never measure up because of my *repeated failures.*"
- **True Guilt** encourages your real feelings to surface.
False Accusation: "I feel I must never *become angry.*"
- **True Guilt** lovingly shows you the feelings of another.
False Accusation: "I feel like I'm insensitive to the hurt and pain of others."
- **True Guilt** is accompanied by a desire to change.
False Accusation: "I feel like there is no hope for me."
- **True Guilt** lifts your spirit and brings joy when you commune with God.
False Accusation: "I feel like God doesn't hear my prayers."
- **True Guilt** is optimistic about the future.
False Accusation: "I feel that something bad is sure to happen to me in the future."

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