

David

The Cure for a Tormented Heart: Part 1

1 Samuel 16:13-23

1 Samuel 16:13-23 (ESV)

¹³ Then Samuel took the horn of oil and anointed him in the midst of his brothers. And the **Spirit** of the Lord rushed upon David from that day forward. And Samuel rose up and went to Ramah. ¹⁴ Now the **Spirit** of the Lord departed from Saul, and a harmful **spirit** from the Lord tormented him.

¹⁵ And Saul's servants said to him, "Behold now, a harmful **spirit** from God is tormenting you.

¹⁶ Let our lord now command your servants who are before you to seek out a man who is skillful in playing the lyre, and when the harmful **spirit** from God is upon you, he will play it, and you will be well." ¹⁷ So Saul said to his servants, "Provide for me a man who can play well and bring him to me." ¹⁸ One of the young men answered, "Behold, I have seen a son of Jesse the Bethlehemite, who is skillful in playing, a man of valor, a man of war, prudent in speech, and a man of good presence, and the **Lord is with him.**" ¹⁹ Therefore Saul sent messengers to Jesse and said, "Send me David your son, who is with the sheep."

²⁰ And Jesse took a donkey laden with bread and a skin of wine and a young goat and sent them by David his son to Saul. ²¹ And David came to Saul and entered his service. And Saul loved him greatly, and he became his armor-bearer. ²² And Saul sent to Jesse, saying, "Let David remain in my service, for he has found favor in my sight." ²³ And whenever the harmful **spirit** from God was upon Saul, David took the lyre and played it with his hand. So Saul was refreshed and was well, and the harmful **spirit** departed from him.

David's Spirit-Filled Heart:

Isaiah 11:1-4 (ESV)

¹ There shall come forth a shoot from the stump of Jesse, and a branch from his roots shall bear fruit. ² And the Spirit of the Lord shall rest upon him, the Spirit of wisdom and understanding, the Spirit of counsel and might, the Spirit of knowledge and the fear of the Lord. ³ And his delight shall be in the fear of the Lord. He shall not judge by what his eyes see, or decide disputes by what his ears hear, ⁴ but with righteousness he shall judge the poor, and decide with equity for the meek of the earth; and he shall strike the earth with the rod of his mouth, and with the breath of his lips he shall kill the wicked.

1. A person of _____.
2. A person of _____ and _____.
3. A person with _____ and _____.
4. A person with _____ and the _____ of the Lord.

5. A person who doesn't _____ by what his eyes see or _____ disputes by what he hears.

Saul's Tormented Heart:

6. Although Saul knew _____, he did not honor him as _____ or gave thanks, so he became futile in his _____ and his foolish heart was darkened.

a. The central conviction of _____ is "I am my _____."

7. God gave Saul up to the _____ of his _____.

a. God giving someone up to the lusts of their heart fuels _____ of unrighteousness, _____, covetousness, and malice.

b. God giving someone up to the lusts of their heart fuels _____, murder, strife, _____, and maliciousness.

c. God giving someone up to the lusts of their heart fuels _____ of God, insolence, haughtiness, _____ and inventing of evil.

Romans 1:21, 24a, 29-32 (ESV)

²¹ For although they knew God, they did not honor him as God or give thanks to him, but they became futile in their thinking, and their foolish hearts were darkened... ²⁴ Therefore God gave them up in the lusts of their hearts to impurity, ...²⁹ They were filled with all manner of unrighteousness, evil, covetousness, malice. They are full of envy, murder, strife, deceit, maliciousness. They are gossips, ³⁰ slanderers, haters of God, insolent, haughty, boastful, inventors of evil, disobedient to parents, ³¹ foolish, faithless, heartless, ruthless. ³² Though they know God's decree that those who practice such things deserve to die, they not only do them but give approval to those who practice them.

The Cure for a Tormented Heart:

8. _____

a. _____ comes from the Old English word, "worthshape". To be _____ by the _____ of something.

9. _____ is the opposite of "I am my _____" (Hell).