

Tough Topics pt 14 Talking to Your Children About Sex

Sheltering your children is a strategy, but not a solution.
Sitting down in one or two settings is not effective; it takes much more.
Giving them a book is not effective; it takes much more.
Finding an appropriate age to talk to your children should not be a component in sexual education.

- Open up _____ of _____.
Talk young but be age-appropriate.
Talk often.
Give them permission to talk.
Harvest the permission by asking for their questions.
Go after them; they will not go after you.
Bring up sex, they won't.

- Let your kids _____ you have _____.
Make subtle, appropriate comments about your spouse to your children.
Kiss, flirt, and laugh in your house.
Let your children know you enjoy it.

- Be on the _____ as a teacher, not a _____ one.

Romans 7:4-6 (NASB) ⁵ For while we were in the flesh, the sinful passions, which were *aroused* by the Law,

Hebrews 7:18-22 (NASB) ¹⁹ for the Law made nothing perfect

Luke 10:27 (NIV) ²⁷ He answered: "'Love the Lord your God with all your heart and with all your soul and with all your strength and with all your mind'; and, 'Love your neighbor as yourself.'"

Law kills, love lives.

Speak about sex in a positive light, not a negative one.

Talk about post-marital sex just as much as pre-marital sex.

Speak in the context of being, not doing (talk about them, not it).

- Reaction is _____, don't _____.
Be relaxed.
Act comfortable.
Don't make them question they said something wrong.

- Have _____ rules; they will not _____ to _____.

Talk to us about everything, always.
Don't lie.